



**#NHCPC24**

**NATIONAL HEALTHCARE COALITION  
PREPAREDNESS CONFERENCE**

*Visions of Progress: Sustainable Strategies for  
Emergency Preparedness & Resilience*

Presented By:



**MESH**

# Strategies for Including Poison Center and Pharmaceutical Expertise into HCC Planning

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Coordinator, Omaha Metropolitan  
Healthcare Coalition

# We will discuss...

- Overview of the Omaha Metropolitan Healthcare Coalition
- Development of the OMHCC Chemical Annex
- Overview of Poison Centers
- Regional Disaster Health Response Systems
- R7DHRE Chemical Specialty Team
- Role of the OMHCC Pharmacy Workgroup
- Response to real world incidents and exercises through partnerships with OMHCC, Nebraska Poison Center, and the R7DHRE Chemical Team



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# Mission:

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Promote community healthcare coordination and resilience.

# Vision:

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Promote community healthcare coordination and resilience by bringing together the medical community, emergency management agencies, public health departments, emergency medical services, and other community stakeholders to plan for a coordinated medical response to any potential incident.



# OMHCC Response

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Information sharing

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Facilitate resource sharing

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Act as a liaison between healthcare  
and jurisdictional authorities

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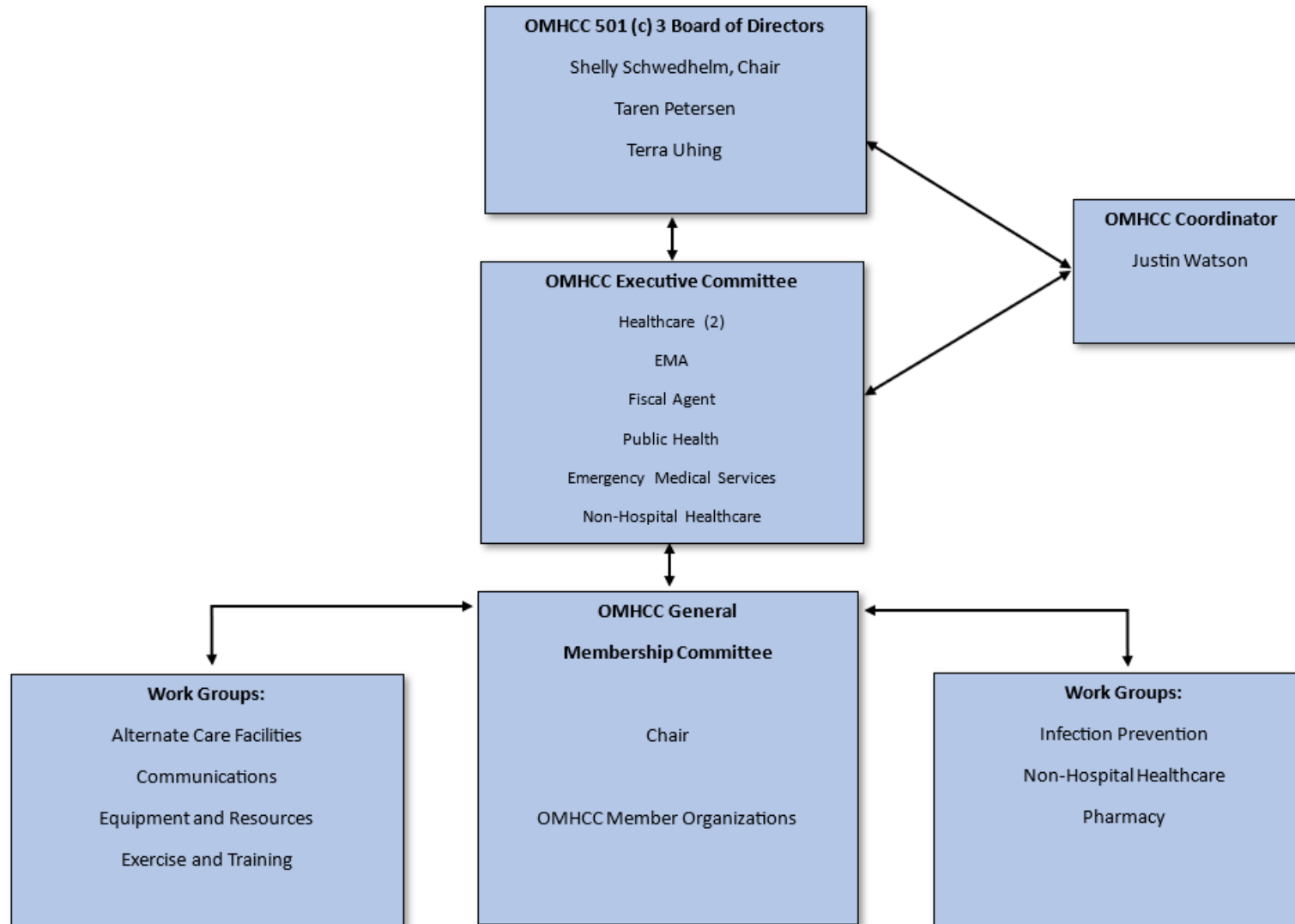
Facilitate response discussions

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# Day to Day Structure

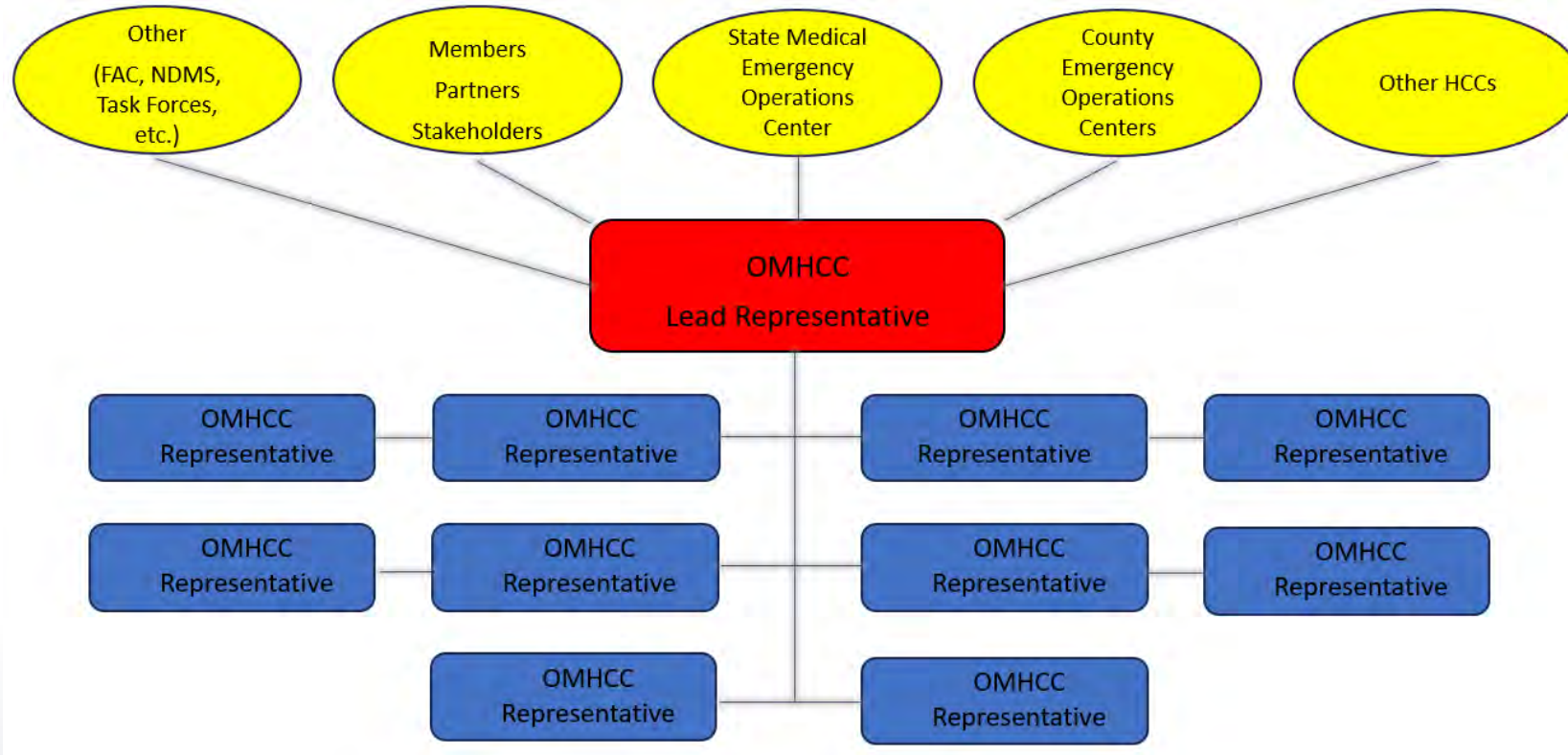
## OMHCC PLANNING STRUCTURE



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# OMHCC Representative Structure

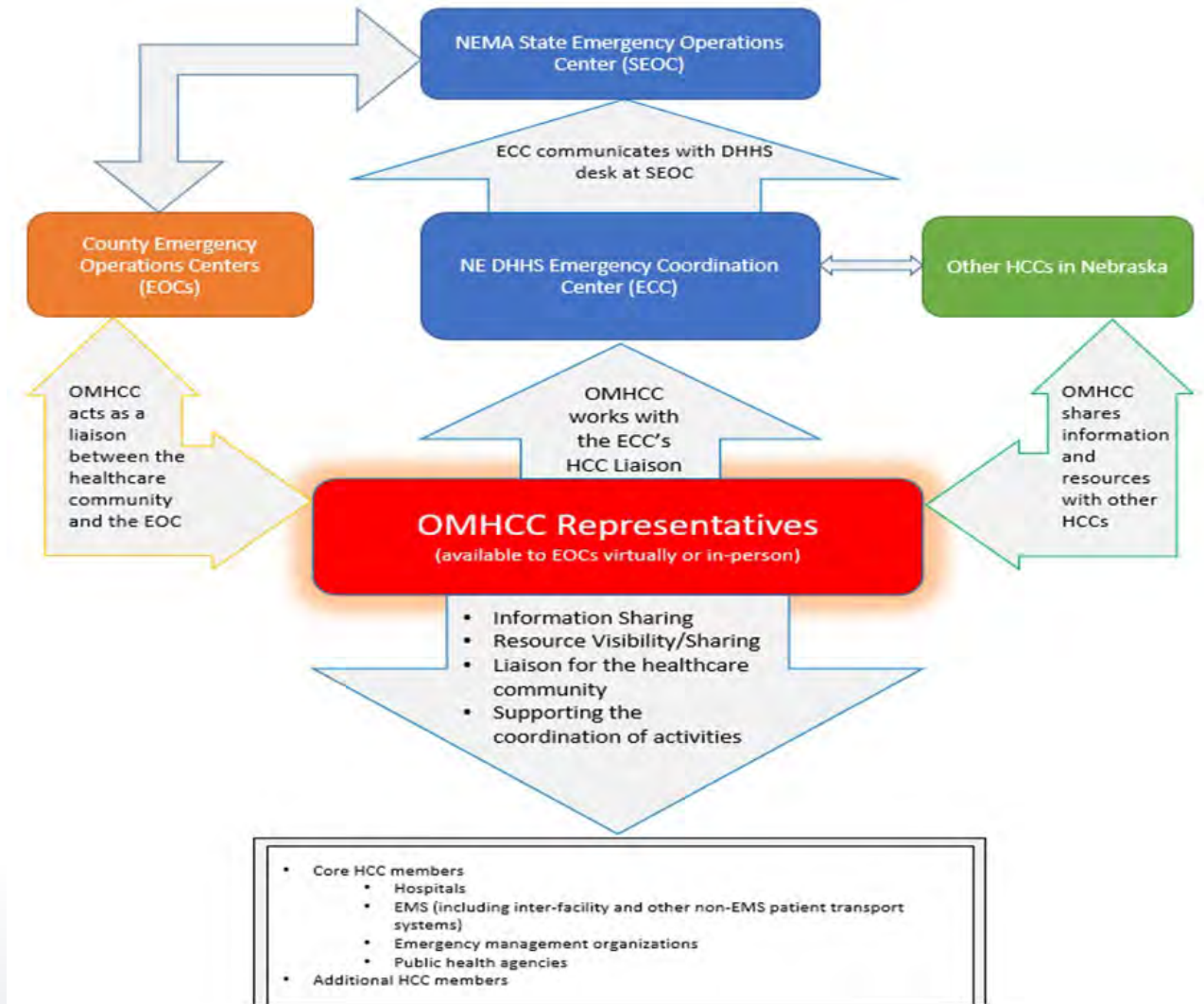


# OMHCC Representatives

1. Justin Watson, OMHCC Coordinator
2. Roberta Coffman, Executive Committee Chair, Children's Nebraska
3. Val Goodman, OMHCC Volunteer
4. Brian Smith, Nebraska Methodist Health System
5. Shelly Schwedhelm, Nebraska Medicine
6. Dr. Anna Fisher, Hillcrest Health Services
7. Curtis Friedrich, CHI Health Lakeside/Midlands
8. Patti Motl, Medical Reserve Corps
9. Lori Jensen, OrthoNebraska



# Another Viewpoint





# OMHCC's New Plans



OMHCC Administrative  
Plan and Procedures



OMHCC Response Plan

## Major Changes:

- Adding hyperlinks to help navigate the documents and easily find what you are looking for.
- No activation levels. OMHCC is either activated or not activated for a response.
- Removing many attachments that will be referenced as “on file” with the OMHCC Coordinator.
- A lot of formatting changes – more condensed.
- Removed some repetitive information and information we are unsure of (i.e., amateur radio).



# OMHCC Chemical Annex

- R7DHRE Template (based on ASPR TRACIE Template) given to HCCs.
- HCCs modified for their own region.
- OMHCC developed several drafts before the final.
- Several SMEs involved in development.
- Follows structure of other annexes and ASPR TRACIE templates.
- Several links to outside resources and other parts of the OMHCC Response Plan.

## CHEMICAL SURGE ANNEX

### INTRODUCTION

The OMHCC would like to thank the following organizations with the development of this annex:

- US DHHS Administration for Strategic Preparedness and Response (ASPR) Technical Resources, Assistance Center, and Information Exchange (TRACIE)
- Region 7 Disaster Health Response Ecosystem (R7DHRE) and the Region 7 Chemical Specialty Response Team ([CSRT](#))

### PURPOSE

The annex describes a coordinated healthcare response to a chemical emergency in which the number and severity of exposed or possibly exposed patients challenges the capability of OMHCC member facilities. The annex will outline specific incident and response protocols necessary to properly plan for, manage, and care for patients during a chemical emergency.

This Annex does not replace other county or local emergency operations plans or procedures, but rather builds upon the existing plans to provide additional healthcare response detail. The annex also does not replace the need to have separate chemical protocols, equipment, and training for each healthcare facility or EMS agency.

This annex should ensure that during a chemical emergency:

1. Coalition members understand their roles and responsibilities for containing contamination, decontaminating patients, and providing patient care.
2. Resources within the coalition, and external to it, are documented and coalition members understand the timeframe for their activation and arrival.
3. Each healthcare facility and EMS agency has a plan, proper training, and necessary equipment to address the needs of patients impacted by a chemical incident, including the provision of dry and wet decontamination.
4. Sources of information regarding patient care are documented and available (e.g., job aids, technical expert reach back).
5. Emergency management and public health agencies understand the need for rapid communication to the public; the potential need for shelters where victims can perform self-decontamination (e.g., "dry" decontamination at a minimum) and additional locations for mass decontamination; the coordination of medical countermeasure deployment (e.g., CHEMPACK, Strategic National Stockpile [SNS]); and secondary transport coordination.

### ASSUMPTIONS

Key points/assumptions of the annex include:

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# Poison Center Overview



- Mission: Provide timely, quality care for patients exposed to chemicals and other toxic substances
  - 24/7 emergency telephone service
  - Assess poisoning risk and triage patients to most appropriate level of care
  - Provide treatment recommendations to healthcare professionals and public
- Public & professional education
- Toxicosurveillance (National Poison Data System)
- Support public health planning & disaster response
  - OMHCC Pharmacy Workgroup
  - Region VII Disaster Health Response Ecosystem Chemical Specialty Team

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# Poison Center Staffing



## Toxicology Experts

- Board Certified Medical & Clinical Toxicologists
- Nationally Certified Specialists in Poison Information
  - Pharmacists
  - Registered Nurses
  - Physician Assistants
  - Physicians



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# Poison Center Access

- National toll-free number
- Poison centers serve:
  - 50 states and District of Columbia
  - U.S. Territories: American Samoa, Guam, Puerto Rico, U.S. Virgin Islands
  - Federated States of Micronesia

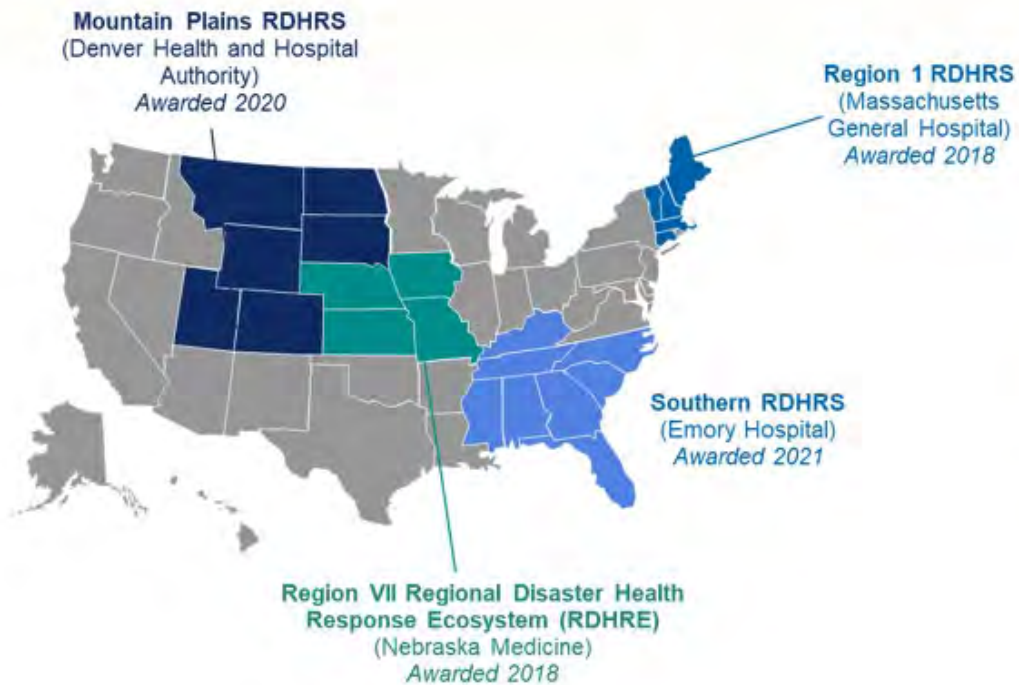


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# Regional Disaster Health Response Systems

ASPR awarded four disaster response sites to address health care preparedness challenges, establish promising practices for improving disaster readiness across the health care delivery system, demonstrate the potential effectiveness of an RDHRS, and make progress toward building a national system for readiness built on regional collaboration.



-  **Build** a partnership for disaster health response
-  **Align** plans, policies, and procedures related to clinical excellence in disasters
-  **Increase** statewide and regional medical surge capacity, coordinate regional medical response, expand specialty care
-  **Improve** statewide and regional situational awareness
-  **Develop** readiness metrics to integrate measures of preparedness
-  **Test** capabilities through exercises



# Region VII Specialty Teams

Primary Goal: Bridge the gap between local resources and federal asset arrival. Specialty Teams may deploy or use telehealth or other communication platforms to provide quick subject matter expertise and assistance when an event happens requiring their expertise.



Behavioral Health



Biological



Burn



Chemical



Pediatrics



Radiological



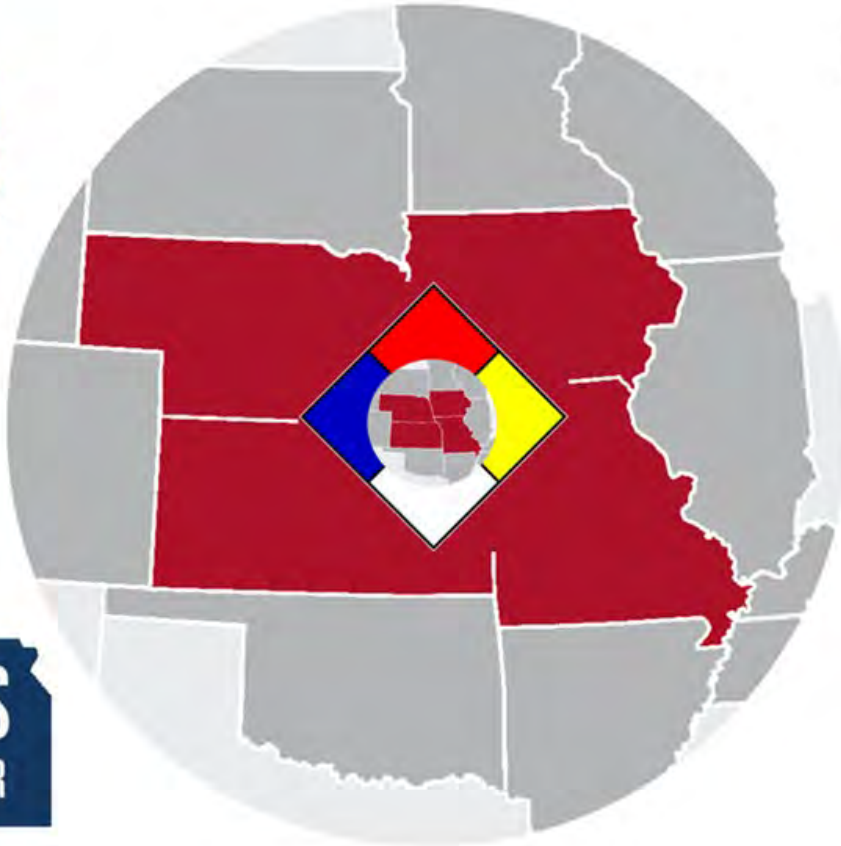
Trauma



# Region VII Chemical Specialty Team



**NEBRASKA  
POISON  
CENTER**  
Serving NE, ID, WY, American Samoa,  
and Federated States of Micronesia



**I O W A  
POISON  
CONTROL CENTER**

**POISON  
HELP**  
1-800-222-1222

A blue graphic of a person running, with a white cross symbol integrated into the design.

**KANSAS  
POISON CENTER**

**MISSOURI  
POISON CENTER**  
1-800-222-1222

A Program of SSM Health Cardinal Glennon

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# Poison Centers/RDHRS



- All RDHRS Teams partner with Poison Centers
- Toxicology expertise assists with planning, education, and immediate response to chemical and other hazardous materials incidents
- Presentations on Management of Chemical Exposures
  - Conferences, Webinars
  - Advanced Hazmat Life Support courses
- Regional Chemical Specialty Teams (staffed by Poison Centers)
  - Provide immediate telephone advice
  - Provide advice and training via tele-technology
  - Travel to scene of disaster to assist with patient/event management and training

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# How Can Poison Centers/Chemical Specialty Teams Help HCCs?



Identify	Identify the hazardous materials involved, based on symptoms and history
Assess	Assess potential toxicity and identify immediate dangers
Triage	Provide triage, decontamination, toxicity information, and treatment recommendations
Treatment	Notify hospitals that are receiving victims and provide patient-specific treatment recommendations
Notify	Notify all area hospitals, local and state public health of the incident; provide clinical guidelines
Antidotes	Provide antidote dosing and administration information
Assist	Assist with locating and transferring antidotes
Provide	Provide on-scene or bedside treatment assistance (depending on location)

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REGION VII DISASTER HEALTH RESPONSE ECOSYSTEM (R7DHRE)  
**CHEMICAL SPECIALTY TEAM**

Call Your Poison Center for Immediate Assistance: 1-800-222-1222

**Hazardous Materials Guideline: Organophosphate**

This document is intended as a supplement for discussion with your local poison center or toxicologist.

**1.0 BACKGROUND**

**1.1 Description:** Organophosphate insecticides, carbamate insecticides, and military nerve agents are all acetylcholinesterase inhibitors. Insecticides are typically formulated in hydrocarbons and have the odor of garlic, sulfur, or volatile hydrocarbons. The G-type nerve agents such as tabun (GA), sarin (GB), and soman (GD) are clear, colorless, and volatile liquids. The V-type agents an oily liquid with VX having an amber color.

**1.2 Novichok agents** are a relatively newer category of nerve agents brought to more widespread attention following several high-profile poisonings. They are generally more potent than other agents, resist environmental degradation, and may have a delayed onset up to three days.

**1.3 Mechanism of Injury:** Inhibition of acetylcholinesterase enzymes leads to the accumulation of excessive acetylcholine and produces muscarinic, nicotinic, and central nervous system effects. Of note, some commercial insecticides require metabolic activation and onset of symptoms may be delayed for a few minutes to several hours after exposure.

**1.4 Routes of Exposure:** Inhalation, Dermal, Ingestion, Ocular

**2.0 PROVIDER SAFETY**

**2.1 Personal Protective Equipment (PPE) – Decontamination Team:** Personnel decontaminating patients must wear **full-body chemical-resistant clothing, butyl rubber gloves, and respiratory protection.** Respiratory protection may consist of either:

- 2.1.1** A positive pressure air or oxygen source, such as an air-line respirator or a Self-Contained Breathing Apparatus (SCBA) or
- 2.1.2** A filtered air respirator (including Powered Air Purifying Respirators (PAPRs)) with filters capable of adsorbing insecticides and nerve agents.
- 2.1.3** A positive pressure air or oxygen source is preferred if there is doubt as to the identity of the chemical in question or if there may be exposure to a level of insecticides and nerve agents which would overwhelm the filter.

# Hazmat Guidelines

Ammonia	Aniline
Arsine	Chlorine
Corrosives Acids	Corrosive Bases
Cyanide	Hydrazine
Hydrofluoric Acid	Hydrogen Sulfide
Methyl Bromide	Methyl Isocyanate
Nitrogen Oxides	Organophosphates/Nerve agents
Phosgene	Phosphine
Riot Control Agents	Strychnine
Sulfur Dioxide	Unidentified Chemical



# Hazmat Guidelines



**2.2 Personal Protective Equipment (PPE) – Treatment Team:** Personnel treating patients who have been adequately decontaminated need no additional PPE other than **universal precautions** since there is no serious risk of secondary contamination. The **vomit from persons who have ingested insecticides or nerve agents is hazardous because it can off-gas toxic vapors.** Prepare treatment areas for rapid clean up in case the patient vomits.

**2.3 Patient Decontamination:**

- 2.3.1 Decontaminate ALL PATIENTS.** The patients' hair and clothes can trap off-gas vapors. Those patients contaminated with insecticide or nerve agent solutions pose a risk of secondary contamination from off-gassing of vapors and direct contact with the chemical.
- 2.3.2 Remove ALL clothing and jewelry.** Double bag clothing and jewelry to prevent off-gassing.
- 2.3.3 Rapid decontamination is critical** because insecticides and nerve agents are rapidly absorbed from the skin. **Decontamination is best accomplished by irrigation with copious amounts of water.** Wash skin and hair with plain water for a minimum of 5 minutes and then wash twice with soap & water after washing with plain water. Washing with water alone (for a longer time) is acceptable if soap is not available. Absorbent powders such as flour, talcum powder, or Fuller's earth, can be used to absorb liquid insecticides and nerve agents if water is not available.
- 2.3.4 Remove contact lenses** if it can be done without additional trauma to the eye. **Irrigate eyes for a minimum of 15 minutes.** Continue irrigation until eye pH is neutral (7 to 8).
- 2.3.5 Watch for hypothermia** (1) in children and the elderly, (2) when decontamination is done with un-heated water, or (3) during cold weather.
- 2.3.6 Reactive Skin Decontamination Lotion,** in the form of a lotion impregnated sponge, may be available to facilitate the rapid removal and/or neutralization of chemical warfare agents. If used, traditional decontamination with water or soap and water should follow when feasible.

**3.0 SIGNS & SYMPTOMS**

- 3.1 Severity of symptoms** will depend upon the dose patients are exposed to and the route of exposure. Severe toxicity presents with **diffuse secretions, bradycardia, constricted pupils, altered mental status, seizures, and death.** Symptoms are further delineated in the table below. Delayed toxicities in the form of resurgent muscle weakness (Intermediate Syndrome) and a peripheral polyneuropathy are possible.
- 3.2 Insecticide and nerve agent vapors and liquids** are readily absorbed through the lungs and eyes, producing local and systemic effects within seconds to minutes. The liquid is readily absorbed through the skin though effects may be delayed from minutes to up to 18 hours.
- 3.3 Ocular effects** may result from either direct contact of the insecticide or nerve agent with the eye or from systemic absorption of the insecticide or nerve agent. Abdominal pain, nausea and vomiting are common manifestations of exposure by any route and may be the first systemic effects from dermal absorption. If these symptoms occur within an hour of dermal exposure, severe intoxication is likely.
- 3.4 Exposure Grading:**

- 3.4.1 Mild:** Miosis, rhinorrhea, mild chest tightness, mild shortness of breath, sweating, lacrimation
- 3.4.2 Moderate:** Vomiting, diarrhea, severe chest tightness, wheezing, profuse airway secretions, respiratory distress, muscle weakness, bradycardia
- 3.4.3 Severe:** Unconsciousness, seizures, paralysis, cyanosis, respiratory failure, apnea

Effects	Muscarinic Effects	Nicotinic Effects	CNS Effects
Memory Aid	DUMBELS	MTWHFS <small>(days of the week)</small>	CLAS
<b>Symptoms</b>	Diaphoresis Defecation Urination Miosis Bradycardia Bronchorrhea Bronchoconstriction Blurry & dim vision Emesis Eye pain Lacrimation Salivation Rhinorrhea	Mydriasis Tachycardia Weakness Leading to paralysis Hypertension Fasciculations Flaccid paralysis Seizures	Confusion Coma Lethargy Agitation Apnea Seizures

**4.0 DIAGNOSTICS**

- 4.1 Organophosphate and carbamate poisoning** are a clinical diagnosis. Diagnostic testing may be indicated based on clinical judgement and the patient's presentation and level of illness.
- 4.2 Blood collected in two lavender EDTA tubes** can be sent for red blood cell cholinesterase and plasma cholinesterase activity measurement to confirm the diagnosis and monitor recovery.

**5.0 TREATMENT**

- 5.1 General: Treatment emphasizes aggressive supportive care and prompt administration of antidotal therapy if indicated.** Patients may need airway management, respiratory support, cardiovascular support with IV fluids and vasopressors, treatment for severe acidemia, and treatment of seizures with benzodiazepines or other GABA agonists.
- 5.2 Avoid:** Other anticholinesterase agents, succinylcholine, and drugs that may decrease respiratory drive.
- 5.3 Ocular: Irrigate eyes.** Perform a thorough eye exam: test visual acuity, and perform fluorescein and slit lamp examinations. Ophthalmology consultation may be necessary. Immediately consult an ophthalmologist for patients who have corneal injuries.
- 5.4 Ingestion: Do NOT induce emesis or give activated charcoal.**
- 5.5 ANTIDOTE: Atropine.** Atropine is an antimuscarinic medication which reverses the DUMBELS symptoms of cholinergic toxicity. **Atropine should be titrated to resolution of bradycardia, bronchorrhea, and bronchospasm.**
  - 5.5.1 Adults:** Begin with 2-5 mg, IV push, every 5-10 minutes as needed while titrating dose as needed
  - 5.5.2 Children:** Begin with 0.05 to 0.1 mg / kg, IV push, every 5-10 minutes as needed while titrating dose as needed
  - 5.5.3** In massive exposures, over 1 gram of atropine has been given in the first 24 hours.
- 5.6 ANTIDOTE: Benzodiazepines.** Benzodiazepines such as diazepam or midazolam should be given in sufficient quantities to control any seizures, agitation, or restlessness that results from cholinesterase inhibitor exposures. Benzodiazepines should be given intravenously or intramuscularly. Doses up to 30-40 mg of diazepam have been required.
- 5.7 ANTIDOTE: Pralidoxime.** Pralidoxime prevents the bond between organophosphates and the acetylcholinesterase enzyme from becoming permanent.

- 5.7.1 Adults:** Bolus 1-2 grams, IV, over 15-30 minutes, then a continuous IV infusion of 250-500 mg / hour.
- 5.7.2 Children:** Bolus 25-50 mg / kg, IV, over 15-30 minutes, then a continuous IV infusion of 10-20 mg / kg / hr.



# OMHCC Pharmacy Workgroup



- Team of pharmacists, paramedics, public health, poison center
- Assesses pharmaceutical availability and needs during disasters
- Purchases/maintains medication caches (placed in rescue squads and hospitals)
- OMHCC's stockpiled meds are shared throughout the region
- Knows location of other regional & statewide caches (e.g., VA Medical Center, Offutt Air Force Base, CHEMPACKs)
- Assists providers & PH with obtaining meds during disasters & other PH events
  - **24/7 contact for requests: Nebraska Poison Center**
    - **800-222-1222 (if calling from NE) or 402-955-5555**



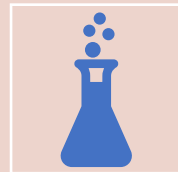
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# CBRN Agents Overview



Developed, reviewed, updated by the OMHCC Pharmacy Workgroup and Nebraska Poison Center



R7DHRE Chemical Team Site:  
<https://static1.squarespace.com/static/625f47c7c516853b6bf783fe/t/62eaf20ca1cb507a934603e9/1659564557747/CBRN-Version14-revised-4.13.22.pdf>



Contact the Nebraska Regional Poison Center (402-955-5555 or 800-222-1222) for questions and patient care advice

CBRN = Chemical, Biological, Radiological, Nuclear

## CBRN Agents Overview®

	Name of Agent	Method of Exposure	Rate of Action & Odor	Signs/Symptoms	Treatment Plan
Blister Agents (Vesicants)	<b>Sulfur Mustard</b>	Skin contact or Inhalation	Delayed (2-24 hours) -almond, garlic, mustard	No immediate symptoms. Eye pain, red skin, fluid-filled blisters within 2-24 hours. Dyspnea, pulmonary edema within 24 hrs.	<b>Prevention: Protection</b> +Level B PPE +Decon with soap & water +Blisters: Petrolatum gauze (or Silverkin, if available, for sulfur mustard); sulfia cream +Pruritus: Topical steroids or compound calamine lotion +Antibiotics for infection <b>+Lewisite Antidote (back)</b>
	<b>Lewisite</b>	Skin contact or Inhalation	Rapid -garlic	Immediate pain, eye and lung burning, bee-sting blisters, grayish skin	
	<b>Nitrogen Mustard</b>	Skin contact or Inhalation	Rapid -almond, garlic, mustard	Eye pain, gritty eyes, reddened skin, large fluid-filled blisters, respiratory damage; smells like almonds	
Irritant Gases	<b>Phosgene</b> <b>Ammonia</b> <b>Chlorine</b>	Skin contact or Inhalation	Rapid and Delayed -Ammonia & Chlorine: pungent -Phosgene: mown hay	<b>Ammonia &amp; Chlorine:</b> Immediately irritating to eyes, skin, & upper resp. tract. ALL can cause delayed onset of pulmonary edema within 72 hours.	+Oxygen, bronchodilators +Nebulized 3.75% sodium bicarbonate for chlorine inhalation
Nerve Agents	<b>Tabun</b> <b>Soman</b> <b>Sarin</b>	Inhalation (most likely since volatile) or Skin contact	Inhalation: Very rapid Dermal: Delay up to 18 hrs -Novichok onset may be delayed up to 3 days and absorption may continue until fully decontaminated	Mild: miosis, rhinorrhea, mild chest tightness, mild shortness of breath, sweating, lacrimation Moderate: vomiting, diarrhea, severe chest tightness, wheezing, profuse muscle secretions, respiratory distress, muscle weakness, bradycardia Severe: unconsciousness, seizures, paralysis, cyanosis, respiratory failure, apnea	<b>Prevention: Protection</b> +Level B PPE (Level A if concern for vapor exposure) +Decon with soap & water; +Reactive Skin Decon. Lotion (RSDL) if available +DO NOT Decon with alcohol +Aggressive Resp. Support +Intubation/Ventilation (avoid succinylcholine) <b>+Antidotes (on back)</b>
	<b>Organophosphate Insecticides</b> <b>VX</b> <b>Novichok</b>	Inhalation, Ingestion, or Skin contact (Inhalation is less likely)	Skin contact, Ingestion -Insecticides: garlic		
Cyanide	<b>Cyanide</b>	Ingestion Inhalation	Rate of RXN=Rapid -almonds -smoke inhalation	Headache, dizziness, lethargy, tachycardia, hypotension, resp. depression, coma, death can occur in <5 min	+Maintain airway; Admin oxygen immediately <b>+Med treatment on back</b>
Viruses	<b>Smallpox</b> <i>variola virus</i>	Inhalation Person contact	Incubation 12-17 days Pox lesions form 2-3 days <i>Placitum, umbilicatum, crustaceum</i>	<b>HIGHLY INFECTIOUS!</b> Fetile prodrome (fever >102, headache, backache, chills, vomiting, abdominal pain), first lesions appear in oral mucosa, face, forearms	<b>Prevent ALL &amp; Vaccinate</b> +Do NOT Vaccinate pregnant +PPE = N95 mask +Completely protect skin & mucous membranes
	<b>Ebola, Marburg</b> <i>Viral Hemorrhagic fevers</i>	Inhalation Person contact	Rate of reaction= variable High mortality	<b>HIGHLY INFECTIOUS!</b> Fever, myalgias, flushing, vomiting, diarrhea, petechiae, bleeding, hypotension, shock	<b>Prevention: Protection</b> +PPE=PAPR or N-95 mask +Completely protect skin & mucous membranes +Intensive supportive care
Toxins	<b>Botulism</b> <i>Botulinum toxin</i>	Ingestion Inhalation Open Wounds	*Rapid (24-36 hours) *Illness length may be prolonged	Dizziness, vomiting, double vision, ptosis, dysphagia, progressive weakness of muscles to paralysis and respiratory failure	+Aggressive Resp. Support +Rapid use of antitoxin <b>+Med treatment on back</b>
	<b>Ricin</b> <i>Castor Bean Toxin</i>	Inhalation, Ingestion, Injection	18-24 hours	Inhalation-coughing, chest tightness, weakness, fever Ingestion-Nausea, vomiting, diarrhea, abdominal pain, fever	+Supportive care +For Ingestion - charcoal
Bacteria	<b>Tularemia</b> <i>Francisella tularensis</i>	Inhalation Open Wounds	Incubation 1-10 days	<b>No person-to-person transmission</b> Fever, headache, malaise, general discomfort, irritating cough, weight loss. 30% mortality rate	<b>+Med treatment on back</b>
	<b>Anthrax</b> <i>Bacillus anthracis</i>	Inhalation Ingestion Cutaneous	Incubation is 1-6 days Toxic shock and death within 2-3 days Reactivation of spores up to 60 days	<b>No person-to-person transmission</b> <b>Contact with spores may cause illness</b> Inhalation: Fever & fatigue, then a slight improvement then an abrupt onset of resp. problems (cough, mediastinitis, dyspnea) Ingestion: Abdominal distress with/without bloody vomiting or diarrhea Cutaneous: Presents with a painless black, necrotic, eschar with redness and edema	<b>Prevention: Protection from spores</b> +PPE = N95 mask +Completely protect skin & mucous membranes <b>+Med treatment on back</b> +Aggressive treatment for suspected inhalation
	<b>Plague</b> <i>Yersinia pestis</i>	Inhalation	Incubation is 2-10 days	<b>HIGHLY INFECTIOUS!</b> Malaise, fever, tender lymph nodes, skin lesions, chills, headaches, bloody sputum, pneumonia, circulatory failure and death	<b>Prevention: Protection</b> +PPE = N95 mask +Completely protect skin & mucous membranes <b>+Med treatment on back</b>
Radiation	<b>Radiation</b>	Amount of time exposed, internal versus external, and distance from the irradiation	Slow progression -Thallium: garlic	Nausea, vomiting, severe burns, fatigue, reduced white blood cells ID of radiation type is crucial for treatment: Iodine, Cesium, Thallium, Plutonium, Americium, Curium	<b>Prevention: Protection</b> +External decon with water <b>+Med treatment on back</b>



# CBRN Agents Overview



Pharmaceutical treatment and dosing information



Call your Poison Center for patient-specific treatment recommendations



<b>CBRN Quick Reference Guide</b> <b>Treatment for Mass Casualties &amp; Post-Exposure Prophylaxis®</b> Please contact the poison center for patient-specific treatment recommendations (1-800-222-1222)	
<b>Cyanide</b> Hydroxocobalamin (Cyanokit®) Adult 5 grams IV over 15 min. Repeat 5 grams if no improvement Child 70 mg/kg IV (pediatric dosing not FDA approved) Reconstitute each vial with 200 mL NS. Administer through separate IV. Causes red skin and urine; interferes with some lab tests (e.g., COHb) Sodium Thiosulfate IV can be used as adjunctive DO NOT administer through same IV line as Cyanokit Adult 50 mL 25% solution IV; Child 1 mL/kg 25% solution IV, over 10-20 min.	<b>Lewisite</b> BAL-in-Oil (Dimercaprol) Adult & Child 2 to 4 mg/kg/dose IM every 4 to 12 hours The dose & frequency dependent upon symptom severity Contraindicated in patients with a PEANUT ALLERGY Succimer (Chemet) Adult & Child 10 mg/kg PO every 8 hours for 5 days, then every 12 hours for the next 14 days.
<b>Nerve Agents</b> Atropine Sulfate Adult 2 mg IV or IM q 2-5 min. until resolution of muscarinic signs (bronchospasm & excess secretions) * Child 0.02 mg/kg (minimum of 0.1 mg) IV/IM until resolution of muscarinic signs (bronchospasm & excess secretions) * Atropine 1.5% (SL) or Ipratropium (Inhaled), if atropine scarce. Pralidoxime Chloride (2-PAM or Protopam) Adult 30 mg/kg (up to 2 gm) IV; follow with infusion: 8 to 10 mg/kg/hr Child 30 mg/kg (up to 2 gm) IV; follow with infusion: 10 to 20 mg/kg/hr ***Administration over 30 minutes may minimize side effects (hypertension, headache, nausea/vomiting, blurred vision)*** Mark I Kit/DuoDote/ATNAA (Auto-Injectors) Mark I Kit (in CHEMPACKS) consists of 2 auto-injectors; DuoDote and ATNAA are single auto-injectors All Contain: Atropine 2 mg & Pralidoxime 600 mg Adult Dose ONLY: Mild exposure 1 Kit, DuoDote, or ATNAA Moderate exposure 2 Kits, DuoDotes, or ATNAAs Severe exposure 3 Kits, DuoDotes, or ATNAAs Midazolam (Versed, Seizalam) Adult 5 to 10 mg IV/IM - May repeat q 5 min as needed for seizures Child 0.2 mg/kg IV/IM - May repeat q 10 to 15 min Diazepam (Valium) Midazolam & Lorazepam are better absorbed via IM route Adult 5 to 10 mg IV/IM - May repeat q 5-10 min as needed for seizures Child 0.2 to 0.5 mg/kg IV/IM - May repeat q 5 to 10 min Lorazepam (Ativan) Adult 2 to 4 mg IV/IM May repeat q 5 to 10 min as needed for seizures Child 0.05 to 0.1 mg/kg IV/IM - May repeat q 5 to 10 min	<b>Smallpox</b> Tecovirimat (TPOXX) Available from the CDC: 770-488-7100 Adult or Child ≥ 40 kg: 600 mg PO every 12 hours for 14 days Child 25 to <40 kg: 400 mg PO every 12 hours for 14 days Child 13 to <25 kg: 200 mg PO every 12 hours for 14 days Live Smallpox Vaccine Available from the CDC: 770-488-7100 or Obtain through county or state health departments Vaccine used prophylactically or for post-exposure up to 96 hours Contraindications—allergies: latex, polyvinylidene difluoride, chlorotetracycline; or the following: heart disease, eczema, use of systemic corticosteroids (>2 mg/kg or >20 mg/day prednisone for >2 weeks), use of immunosuppressive drugs, radiation therapy, HIV+, immunosuppressive diseases, pregnancy or household contacts of mentioned disease states Vaccine Reaction Treatment Vaccinia IG 0.6 mL/kg IM, may increase to 1-10 mL/kg IM divided doses depending on symptoms. Available from CDC: 770-488-7100 Anthrax Duration of Treatment and Prophylaxis is 60 days Contained Treatment Suspected Meningitis: Adult: ciprofloxacin 400 mg IV every 8 hours + meropenem 2 gm IV every 8 hours + linezolid 600 mg IV every 12 hours Child: ciprofloxacin 20-30 mg/kg/day divided q 12 hours + meropenem 60-90 mg/kg/day divided q 8 hours + linezolid 20-30 mg/kg/day divided q 8 hours Can transition to PO after 2-3 weeks to complete 60 total days Without Meningitis: Adult: ciprofloxacin 400 mg IV every 12 hours + linezolid 600 mg IV every 12 hours or clindamycin 900 mg every 8 hours Child: ciprofloxacin 20-30 mg/kg/day divided q 12 hours + clindamycin 10-20 mg/kg/day divided q 12 hours Can transition to PO after 2 weeks to complete 60 total days PLUS Anthrax Antibody (Raxibacumab) or Immune Globulin (Anthrax) Mass Casualty Setting and Post-Exposure Prophylaxis Ciprofloxacin (Cipro) Adult 500 mg PO or 400 mg IV every 12 hours for 60 days Child 15 mg/kg PO or 10 mg/kg IV every 12 hours for 60 days OR Doxycycline (Vibramycin) Adult 100 mg every 12 hours for 60 days Child <45 kg: 2.2 mg/kg every 12 hours; ≥45 kg: 100 mg every 12 hours PLUS Anthrax Vaccine Adsorbed (BioThrax) in adults 18-65 years
<b>Radiation</b> Duration of treatment is until no evidence of radiation exists Exposure to Radioactive Iodine Oral Potassium Iodide (KI or SSKI (1 gm/mL)) Adult or adult sized adolescents 130 mg PO or 0.13 mL of SSKI PO Child 2-5 months: 16 mg; 6 months to 2 years: 32 mg; 2 years to 18 years: 65 mg Immediate dosing before or after exposure can block up to 90% 3-4 hours post-exposure dosing can provide only a 50% block CAUTIOUS USE with SHELLFISH ALLERGY or PREGNANCY Exposure to Radioactive Cesium or Thallium Oral Prussian Blue (Radiogardase 0.5 gm per capsule) Adult: Initially start 3 gm PO 3 times a day; reduce dose to 1 gm orally 3 times a day once Cesium counts <1 Gy or Thallium counts <1 mg/24hr Child (2 to 12 years) - Initially start 1 gm orally 3 times a day *capsules may be opened and sprinkled on food for ease of administration Internal Contamination with Plutonium, Americium, or Curium Ca-DTPA (pentetate calcium triiodide) Injection - FIRST Adult 1 gm IV over 3-5 minutes x 1 Child (<12 years) 14 mg/kg IV over 3 to 5 min not to exceed 1 gm Zn-DTPA (pentetate zinc triiodide) Injection - Maintenance Adult 1 gm IV over 3 to 5 minutes, refer to PI for duration Child (<12 years) 14 mg/kg IV over 3 to 5 min not to exceed 1 gm Refer to package insert for suggested supplements & duration of treatment	<b>Anthrax</b> Plaque Duration of treatment is 10 days Tularemia Duration of treatment is 10-21 days Contained Treatment Gentamicin PREFERRED Adult Gentamicin 5 mg/kg IM or IV every 24 hours Alternative Choices Doxycycline 100 mg IV every 12 hours Chloramphenicol 25 mg/kg IV every 6 hours Ciprofloxacin 400 mg IV every 12 hours Child Gentamicin 2.5 mg/kg IM or IV every 8 hours Alternative Choices Doxycycline If weight >= 45 kg, 100 mg IV; every 12 hours If weight < 45 kg, 2.2 mg/kg IV every 12 hours Chloramphenicol 25 mg/kg IV every 6 hours Ciprofloxacin 15 mg/kg IV every 12 hours Mass Casualty Setting and Post-Exposure Prophylaxis Doxycycline (Vibramycin) Adult 100 mg PO or IV every 12 hours Child If <45 kg: 2.2 mg/kg; If ≥45 kg: 100 mg PO or IV every 12 hours OR Ciprofloxacin (Cipro) Adult 500 mg PO every 12 hours or 400 mg IV every 12 hours Child 15 mg/kg PO or IV every 12 hours *Not to exceed 1gm/day OR Levofloxacin (Levaquin) Adult 500 mg to 750 mg PO or IV q 24 h Child <50 kg 8 mg/kg up to 250 mg PO or IV every 12 hours
<b>Botulism</b> Heptavalent Botulinum Antitoxin (HBAT) Available from the CDC: 770-488-7100 Prior to dose draw diagnostic lab for toxin sub type ABE and test for equine serum reaction Dose: Administer 1 vial slowly IV in a 1:10 dilution with 0.5% normal saline (may also give a dose of 1 vial IM) **Adverse effects include anaphylaxis and serum sickness**	<b>Tularemia &amp; Plague</b> Ciprofloxacin (Cipro) Adult 500 mg PO every 12 hours or 400 mg IV every 12 hours Child 15 mg/kg PO or IV every 12 hours *Not to exceed 1gm/day OR Levofloxacin (Levaquin) Adult 500 mg to 750 mg PO or IV q 24 h Child <50 kg 8 mg/kg up to 250 mg PO or IV every 12 hours

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Version 14, April 2022

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#NHCPC24



# OMHCC Pharmacy Workgroup

- Developed, reviewed, updated by the OMHCC Pharmacy Workgroup and Nebraska Poison Center
- Can be printed as 2-sided card for EMS
- <https://static1.squarespace.com/static/625f47c7c516853b6bf783fe/t/65131b1831bf074c1a9b45aa/1695750937206/OMMRS+EMS+Card+-+Both+Sides+-revised+9.23.pdf>



OMHCC Omaha Metropolitan Healthcare Coalition			
EMS Immediate Response - CBRN®			
Poison Center - 1-800-222-1222		CBRN = Chemical, Biological, Radiological, Nuclear	
Chemical Symptoms are often immediate Protect SELF First with PPE!			
Agents	Symptoms	Exposure	First Response
Irritant Gases Ammonia Chlorine Phosgene	Ammonia/Chlorine: Immediate irritation of eyes, skin, resp. tract (airway burns) Chlorine/Phosgene: Delayed pulmonary edema	Skin Contact  Eyes  Inhalation	ALL Agents Listed Protect Caregivers  Use Level A or B personal protective equipment  Use positive air pressure respirators
Cyanide	Headache, dizziness, lethargy, tachycardia, hypotension, respiratory depression, coma, death can occur in < 5 min	Cyanokit® (Hydroxocobalamin) Adult 5 grams IV over 15 min Repeat 5 grams if needed Child 20 mg/kg IV, 15 min (dosing not FDA approved) Recon vial with 200 mL NS. Administer in separate IV Causes red skin and urine	Separate clean from contaminated people as soon as possible  If dermal exposure is suspected. Contaminated clothing should be removed by protected personnel
Blister Agents Lewisite Nitrogen Sulfur Mustard	Eye pain, gritty eyes, reddened skin, large fluid-filled blisters, respiratory damage  Sulfur mustard symptoms delayed 2-24 hours	Skin Contact  Eyes  Inhalation  Ingestion	Wash skin thoroughly with soap and water to deactivate contaminant  Irritant Gases & Cyanide Maintain airway (early intubation as needed) and administer oxygen, in addition to above recommendations
Nerve Agents Tabun Soman Sarin Organo-phosphate & carbamate insecticides VX Novichok	Symptom onset may be delayed 18 to 72 hours after dermal exposure  Mild Constricted pupils, runny nose/nasal secretions, mild shortness of breath, mild chest tightness, sweating, lacrimation  Moderate Wheezing, profuse airway secretions, respiratory distress, muscle weakness, vomiting, diarrhea, bradycardia  Severe Unconsciousness, seizures, flaccid paralysis, cyanosis, resp. failure, apnea	DuoDote/ATNAA DuoDote & ATNAA are single IM auto-injectors Both Contain atropine 2 mg + pralidoxime 600 mg  Symptoms = Adult Dose Mild: 1 DuoDote (ATNAA) Moderate: 2 DuoDotes Severe: 3 DuoDotes  AtroPEN (atropine) 0.5 mg autoinjector for IM - 1 Pen (0.5 mg) - 5 Pen (2.5 mg) - 3 Pens (1.5 mg) - 20 Pen (10.0 mg) - 4 Pens (2 mg) - 20 kg (1-24 lbs)  For Seizures Diazepam (Valium) Adult 5 to 10 mg IV/IM Child 0.2 to 0.5 mg/kg IV/IM May repeat q 5-10 min OR Midazolam (Sedalam) Adult 5 to 10 mg IV/IM Child 0.2 mg/kg IV/IM May repeat q 5-15 min	Nerve Agents For Seizures (cont.) Alternative to Diazepam and Midazolam  Lorazepam (Ativan) Adult 2 to 4 mg IV/IM Child 0.05-0.1 mg/kg IV/IM May repeat q 5-10 min  Check with <a href="http://Nebraskapoisson.com">Nebraskapoisson.com</a> for the most recent version or call Nebraska Regional Poison Center at 402-955-5555  DO NOT REVISE Copyrighted  Jacobitz/Massooma/Candy September 2023, Version 7

OMHCC Omaha Metropolitan Healthcare Coalition			
EMS Immediate Response - CBRN®			
Poison Center - 1-800-222-1222		CBRN = Chemical, Biological, Radiological, Nuclear	
Nuclear DECON with Water First!			
Agents	Symptoms	Exposure	First Response
Radiological Nuclear	Nausea, vomiting, burns, fatigue, reduced WBCs	Amount of time exposed, internal vs. external exposure, and distance from the radiation is important	Protect Caregivers Remove clothing  Decontamination using water
Biological Don Mask and Gloves at a Minimum			
Agents	Symptoms	Exposure	First Response
Smallpox	Fever, hard pox lesions, body aches, malaise, vomiting, and headache <b>HIGHLY INFECTIOUS!</b>	Inhalation Person contact	Protect caregivers Use impermeable surgical gown/gloves
Botulism	Weakness, dizziness, dry mouth, blurred vision, progressive weakness, of muscles leading to paralysis and abrupt respiratory failure	Ingestion Inhalation Open wounds No person-to-person transmission	Use oral/nasal masks *Preferable to use HEPA-filter masks, especially for Plague, Smallpox, and Viral Hemorrhagic Fevers (i.e., Ebola)
Tularemia	No person-to-person transmission Fever, headache, malaise, cough, weight loss	Ingestion Inhalation Cutaneous	If necessary, use face shields or goggles
Anthrax	No person-to-person transmission Contact with spores may cause illness  Fever & fatigue, then abrupt onset of resp. problems (cough, dyspnea). Toxic shock and death within 2-3 days	Ingestion Inhalation Cutaneous	Isolate potentially infectious people as soon as possible  If dermal exposure: Clothing should be removed by protected personnel
Plague	Malaise, fever, tender lymph nodes, skin lesions, chills, headache, bloody sputum, pneumonia, circulatory failure and death  <b>HIGHLY INFECTIOUS!</b>	Inhalation	Wash skin with soap and water  Give supportive care  <b>ALL AGENTS</b> Refer to OMHCC CBRN Quick Reference Guide for Treatment Recommendations

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This educational poster is not intended for individual patient care. Information is believed accurate as of 09/2023. If you are caring for a known or suspected toxic-exposure patient, please call your poison center (1-800-222-1222) for patient specific management advice and assistance with locating antidotes.

Poison/Condition	Antidote	Minimum Stocking Level A	Dose	Comments
Acetylcholinesterase Inhibitors (e.g., Organophosphates, Carbamate, Nerve Agents)	Atropine (Atropine)	100 mg (20 mL 5% w/v)	1-2 mg IV/PO q 5-15 min until signs of atropinization (HR > 100, dry mouth, flushing, tachycardia, urinary retention) are present. Repeat as needed. For Nerve Agents: 3 mg IV/PO q 5-15 min until HR > 100 and pulse oximetry stable. Repeat as needed.	Generally, pyridostigmine and NAC are most effective if administered within 8 hours of acute ingestion. May be of value in late presentations. Administration routes may vary. Continue treatment if GI decontamination must be initiated or ongoing low-dose therapy. Pyridostigmine may be helpful with nerve oxides. Call PC for case-specific advice. Duration may be extended beyond 24 hr, depending on clinical situation. Contact PC for case-specific dosing advice.
	Pralidoxime (2-PAM)	100 mg (20 mL 5% w/v)	30 mg/kg IV/PO q 4-6 hr (max 1.5 g/kg)	Phosphorylates acetylcholinesterase (AChE) and releases acetylcholine. Ineffective if AChE is already inhibited. Do not use with other anticholinergics. 2-PAM is not effective if administered in combination with NAC or other antidotes. Phosphorylates acetylcholinesterase (AChE) and releases acetylcholine. Ineffective if AChE is already inhibited. Do not use with other anticholinergics. 2-PAM is not effective if administered in combination with NAC or other antidotes.
	Pyridostigmine (Mestinon)	100 mg (20 mL 5% w/v)	30 mg/kg IV/PO q 4-6 hr (max 1.5 g/kg)	Phosphorylates acetylcholinesterase (AChE) and releases acetylcholine. Ineffective if AChE is already inhibited. Do not use with other anticholinergics. 2-PAM is not effective if administered in combination with NAC or other antidotes.
	Atropine (Atropine)	100 mg (20 mL 5% w/v)	1-2 mg IV/PO q 5-15 min until signs of atropinization (HR > 100, dry mouth, flushing, tachycardia, urinary retention) are present. Repeat as needed. For Nerve Agents: 3 mg IV/PO q 5-15 min until HR > 100 and pulse oximetry stable. Repeat as needed.	Generally, pyridostigmine and NAC are most effective if administered within 8 hours of acute ingestion. May be of value in late presentations. Administration routes may vary. Continue treatment if GI decontamination must be initiated or ongoing low-dose therapy. Pyridostigmine may be helpful with nerve oxides. Call PC for case-specific advice. Duration may be extended beyond 24 hr, depending on clinical situation. Contact PC for case-specific dosing advice.
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A The minimum stocking amount needed to treat at least one 100 kg patient for 24 hours.  
B Higher levels of stocking should be considered and arrangements in place to rapidly obtain additional quantities.  
C Stocking is recommended for all acute care hospitals.  
D No consensus of expert panel regarding stocking requirements.  
E Stocking is usually based on other indications.  
F Call PC at Area Emergency 2018, via T1, No. 3  
Nebraska Poison Center: 1-800-222-1222, 402-695-5188  
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Call your Poison Center for patient-specific treatment recommendations

<https://static1.squarespace.com/static/625f47c7c516853b6bf783fe/t/65661e5e0bbe25746534e33e/1701191264066/Emergency+Antidotal+Management.pdf>

# OMHCC Pharmacy Workgroup

## Real World Response OMHCC Medications Have Helped...

- House fire smoke inhalation victims
- First responders and others exposed to homemade cyanide in college dorm
- Exterminator and others exposed to organophosphate insecticides
- Offutt AFB medical team responding to 2011 Fukushima nuclear disaster incident in Japan
- Located vaccines/immune globulin for tetanus, rabies, hepatitis A & B during public health incidents



Potassium  
Ferricyanide



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# OMHCC Pharmacy Workgroup

## 2019 Flood Response

### Filled Prescriptions

- OMHCC received request to fill prescriptions for residents stranded in Riverside Lakes (Waterloo, NE)
  - Set up phone line in Poison Center; PC staff and rotators received requests and completed a spreadsheet
  - Nebraska Medicine Outpatient Pharmacy contacted residents' pharmacies to transfer and fill prescriptions; 24 were verified and filled within a few hours
  - Omaha Fire Dept picked up prescriptions and delivered them to residents by boat



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# OMHCC Pharmacy Workgroup

## 2019 Flood Response

### Shelter Assistance

- Pharmacy Workgroup received several requests to assist people in shelters with medications and medical supplies.
  - Helped find solutions for people who needed multiple medications but were unable to reach their own physician or pharmacy.
  - Colostomy supplies and a knee brace were requested. OMHCC contacted a local pharmacy, which donated and delivered the supplies directly to the shelter.
  - Received requests for OTC medications for shelters, were donated by local pharmacies.

### Provided Vaccines & Pharmacy Supplies

- Nebraska Medicine anticipated the need for additional tetanus vaccines and LifeNet flew them up from KC after I-29 closed.
- CHI Health also provided vaccines and was prepared to order additional doses.
- Provided 535 tetanus vaccines (plus needles/syringes) and 600 NS IV bags & saline flush syringes to support six health departments and fire departments.

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# OMHCC Pharmacy Workgroup

## COVID-19 Response

- Recruited additional members to support vaccine administration: local nursing & pharmacy school faculty, additional retail pharmacists, Nebraska Pharmacists Association
- Developed and frequently updated a Vaccine Quick Reference Guide
  - Storage and Handling
  - Vaccine Differences & Practical Considerations



Omaha Metropolitan Healthcare Coalition  
COVID-19 Vaccine Quick Reference Guide

### COVID-19 Vaccines: Storage and Handling

Storage/Handling	Moderna (mRNA-1273) <sup>1-3</sup>	Pfizer-BioNTech (BNT162b2) <sup>3-7</sup>
Dry ice	Do not use	Thermal shipping container may be used as temporary storage for up to 30 days from delivery with proper dry ice replenishment.
Freezer storage	-25°C to -15°C <ul style="list-style-type: none"> <li>• Protect from light until ready to use</li> <li>• Keep in original packaging</li> <li>• Do not store below -40°C</li> </ul>	-80°C to -60°C <ul style="list-style-type: none"> <li>• Protect from light until ready to use</li> <li>• Keep in original packaging</li> <li>• Expires 6 months from manufacturing</li> </ul>
Refrigerator storage	2°C to 8°C for up to 30 days	2°C to 8°C for up to 5 days <ul style="list-style-type: none"> <li>• Minimize room light exposure and avoid exposure to direct sunlight/ultraviolet light</li> </ul>
Refrigerator thawing	<ul style="list-style-type: none"> <li>• Thaw in refrigerator (2°C to 8°C) for 2.5 hours</li> <li>• After thawing, let vial stand at room temperature for 15 minutes prior to administering.</li> </ul>	<ul style="list-style-type: none"> <li>• Thaw in refrigerator (2°C to 8°C); may take up to 3 hours depending on number of vials</li> <li>• Must be at room temperature at least 30 minutes prior to diluting</li> <li>• Must dilute within 2 hours of removal from refrigerator or freezer</li> </ul>
Room temperature thawing	<ul style="list-style-type: none"> <li>• Thaw at room temperature (15°C to 25°C) for 1 hour</li> <li>• After thawing, let vial stand at room temperature for 15 minutes prior to administering.</li> <li>• Unpunctured vials may be stored between 8°C to 25°C for up to 12 hours.</li> </ul>	<ul style="list-style-type: none"> <li>• Thaw at room temperature (up to 25°C) for 30 minutes</li> <li>• Must be at room temperature at least 30 minutes prior to diluting</li> <li>• Must dilute within 2 hours of removal from refrigerator or freezer</li> </ul>
In vial	<ul style="list-style-type: none"> <li>• Stable for up to 6 hours from initial vial piercing at 2°C to 25°C</li> <li>• Discard after 6 hours</li> </ul>	<ul style="list-style-type: none"> <li>• Stable for up to 6 hours from dilution at 2°C to 25°C</li> <li>• Discard after 6 hours</li> </ul>
In syringe	<ul style="list-style-type: none"> <li>• Stable for up to 6 hours from initial vial puncture</li> <li>• Store in refrigerator (2°C to 8°C) or at room temperature (15°C to 25°C)</li> <li>• Keep out of direct sunlight</li> </ul>	<ul style="list-style-type: none"> <li>• Stable for up to 6 hours from dilution at 2°C to 30°C ± 2°C in polycarbonate and polypropylene syringes with stainless steel needles</li> <li>• Discard after 6 hours</li> </ul>
Notes	<ul style="list-style-type: none"> <li>• Never refreeze vaccines after thawing.</li> <li>• CDC states that pre-drawing vaccines may result in waste if more are drawn up than necessary, so they state that vaccines should be drawn only in preparation for immediate administration.</li> </ul>	

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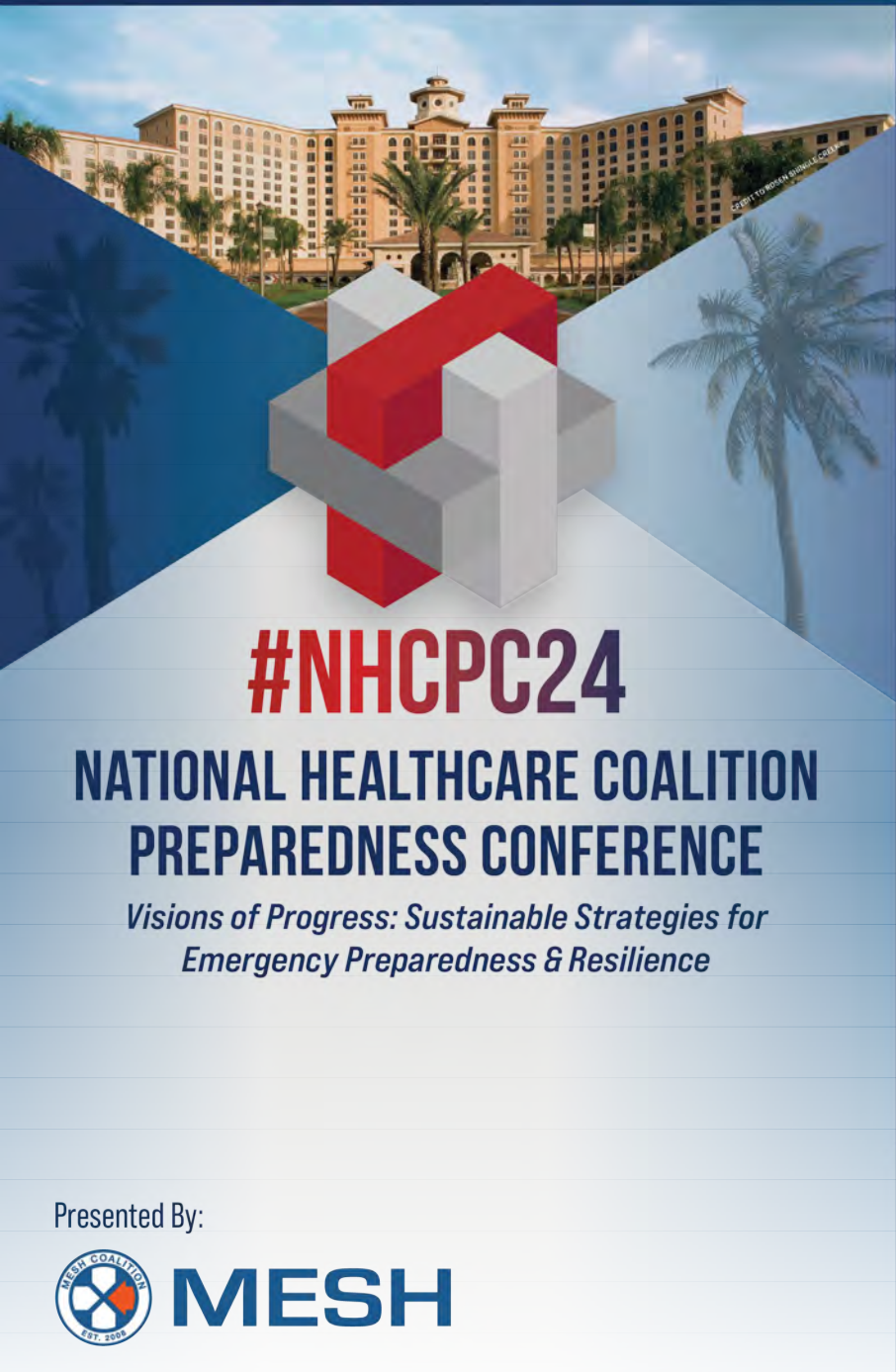
# MRSE and Full-Scale Exercise

- Lessons Learned
  - Organizations knew their roles in a chemical emergency incident.
  - Opportunity to educate on the role of the NE Poison Center for pharmaceutical needs and the CHEMPACK process.
  - The Pharmacy Workgroup and NE Poison Center were able to assess unmet pharmaceutical needs.



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# Contact Information

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Presented By:



**MESH**